

Parenting Week 4 Handout

There is not a happier, more well-adjusted, content child than one who has been biblically trained and disciplined.

1. The difference between training and discipline.

- a. Training is proactive, discipline is _____.
- b. Discipline will show our lost kids their sin and that will point them to salvation. It will show our saved kids how to walk in righteousness.

2. Training

a. God's heart on training.

- i. **Pro 22:6** Train up a child in the way he should go: and when he is old, he will not depart from it.
What is the way he should go?
_____.
- ii. **Ecc 12:13** Let us hear the conclusion of the whole matter: Fear God, and keep his commandments: for this *is* the whole *duty* of man.
What is the whole duty of man?
_____.
- iii. We need to set our kids on a path thru training and discipline that makes living life God's way
_____.
- iv. In summary, we need to teach our kids to _____ and _____.
- v. Heb 12:5-13
- vi. **Heb 12:11** Now no chastening for the present seemeth to be joyous, but grievous: nevertheless afterward it yieldeth the peaceable fruit of righteousness unto them which are exercised thereby.

- vii. The training and education of children needs to include the training and care of the body, navigating life, and curbing passions. It needs to result in an education in mind, morals, and moderation.

b. The practical.

- i. KEY 1) Start early and be _____!
- ii. Training is the difference between _____ your house and _____ your baby.
- iii. Key 2) to train correctly you need to free up your _____ and free up your _____. You must watch and plan and have time at home to train.
- iv. The first 4 to 5 years of your child's life need to be focused training.
- v. Word of warning: Avoid passionate preferences.

c. Respect.

- i. Your children are not the boss of you! Don't give in to your child for the sake of peace and quiet.
- ii. 5 ways to teach respect
 - 1) Teach them to say "Yes, mom" and "Yes Dad".
 - 2) Teach your children to address all adults with a title.
 - 3) Demonstrate _____ by treating adults with respect.
 - 4) Show your kids respect.
 - 5) Be a _____ authority.
 - a. If you can train your children to follow and respect authority, all your child's future authorities, their teachers,

coaches, and bosses will greatly appreciate it. If you fail to train a healthy fear and respect of authority into your kids, be sure that our police officers, judges and prison guards and wardens will see that they eventually learn this lesson.

d. Obedience.

- i. Teach your child to come when you call them.
- ii. Your kid's life may very well depend on your _____ with obedience training.

3. Discipline

a. God's heart

- i. **Heb 12:6** For whom the Lord loveth he chasteneth, and scourgeth every son whom he receiveth. .
- ii. The goal is to lead our kids to Christ. How will they come to Christ if they don't see their sin as wicked leading to their need for a savior?
- iii. The Rod

b. Pro 13:24; Pro 23:13-15; Pro 10:13; Pro 22:15; Ps 23:4

- i. Spanking with your hand vs. disciplining with a rod
 - 1) God intends us to direct our kids to the _____ with their sin not teach them to deal with it with their flesh.
- ii. Psa 89:30-33
 - 1) Remain faithful, and continue to show loving kindness even when your child sins. Your _____ with them is crucial.
- iii. Children need to be trained to obey. Eph 6:1-3;

Col3:20

- 1) Our children should obey us how_____ should obey God.

iv. Initiate discipline speedily Ecc 8:11

- 1) Don't try to talk them into it, you will train stalling and procrastination into your kid's lives.

c. **The Practical**

i. **Our 6-step discipline session.**

- 1) Done in private
- 2) Done after the child knows what they are getting disciplined for.
- 3) Done with a calm parent and a child that is as sober as possible.
- 4) 1 swat for every year of age.
- 5) Followed by forgiveness, restitution and hugs
- 6) Prayer

ii. **Hints and tips:**

- 1) If the child resists discipline or is throwing a fit, you could give a swat every little bit while you tell them in a calm quiet voice, "you need to calm down and submit. I am going to give you a discipline because you are throwing a fit." Or try a submission hold telling them, "I will let you go when you submit and stop fighting me."
- 2) You can restrain if you need to in a public place or until they stop throwing a fit.
- 3) Pick your battles carefully! If you start it, you must win!

- 4) Their negative behavior must always result in a negative consequence.
- 5) Grace comes into play in two main areas, when they are already broken and humbled, confessing or tattling on themselves. And when you allow them a second chance to get something right. "ok. Let's fly that plane back in the air and come back in for another landing."
- 6) Go shoulder to shoulder as much as you can rather than fist to fist.
- 7) Your child needs to know that you care about them and love them. It's ok to get down on their level and show compassion. "I know you feel strongly." "I see how upset...frustrated... mad... you are." When your child is going through a rough patch make sure you are investing in them in some positive way even more than normal, and sometimes that won't be easy!

d. Behavior modification vs attitude and authority.

- i. Ecc 12:13, Ecc 8:12
- ii. We are looking to train our kids to have a submissive, respectful, reverent heart. A right heart that will lead them to have right actions.
- iii. Behavior modification without an _____ can lead to people pleasing and can end up looking like conditional love.
- iv. If we focus on the attitude and submissive obedience they will grow to accept biblical authority.

Household Hazards

- 1) Dishwasher gel packs and knives
- 2) Latex Balloons
- 3) Non-bracketed furniture and kitchen stoves
- 4) Cooking pots with handles facing out
- 5) Low hanging cords and window blind strings
- 6) Unattended bath water
- 7) Cleaners and bath products
- 8) Dog injuries and toys